

Planning for Aging and Dying

WEDNESDAY, SEPTEMBER 15

6:30 pm—8:00 pm

FREE

Led by Barbara A. Colleton, national speaker on aging and death issues, this class will teach you about aging and dying well. Topics to be covered include:

- Moving from independence to interdependence (for both you and your loved ones)
- Aging and healthcare concerns
- How to deal with the older generation and helping them face aging issues
- Checklist for things you should do to get ready for aging/death

To register: 425.788.2953 or office@bcumc.org

This class is provided to the community through special funding
via Bear Creek United Methodist Church

There is no fee to participate

FREE