

Bear Fax



October, 2009

A monthly publication of Bear Creek United Methodist Church

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WORSHIP

Join us Sundays at 9:30 a.m.

Make worship a regular part of your life of discipleship. Whether the music is loud or soft, the sermon good or bad, our worship of God with our brother and sister disciples of Jesus will be just right.

October 4—18th Sunday after Pentecost

World Communion Sunday and a Big Day at Bear Creek UMC!

9:30 a.m. Pat Simpson, our District Superintendent, will be our guest speaker.

10:30 a.m. Ministry Fair—talk to folks about the wonderful diversity of Bear Creek ministries

11:00 a.m. All-Church Conference—hear the reports of our program committees

Noon A true Methodist potluck—bring what you have, or just come. We will all be fed well.

1:00 p.m. Spiritual Renewal Workshop—spend time growing in your own relationship to God, strengthening the spiritual life of Bear Creek, and be challenged to grow Bear Creek spiritually and numerically.

3:00 p.m. A closing half hour of Vespers

October 11—19th Sunday after Pentecost

Children's Sabbath

"The Touch of Jesus"

Parents bring their children to be touched by Jesus. We do the same thing for ourselves. Bring your children this Sunday for the touch of Jesus' love. Worship on this Sunday is designed for the children in song and story.

Mark 10:13-16

October 18—20th Sunday after Pentecost

Bible Sunday

"Everything Is Not Enough"

The rich young man has everything wealth can buy, but he doesn't have everything he needs. What more can there be? And how does he get it?

Bring a Bible you are willing to give as a gift to the homeless and those in prison. We will bless them and share them with Tent City 4, Matthew House and Kairos.

Mark 10:17-31

October 25—21st Sunday after Pentecost

Children and Family Event Sunday

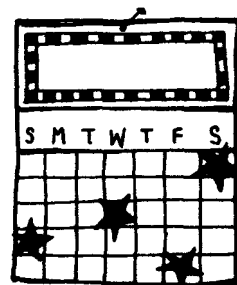
"Jingle All the Way"

Only the blind believe that God permits anyone to fail. See what Bartimaeus' healing has to do with love and a great old song.

Stay around at noon for lunch and play. Children and Family Ministries has rented a fun house that will be set up in the sanctuary. We will watch the children, laugh and enjoy the gift of God's love in our children.

Mark 10:46-52

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DATES TO REMEMBER

Sunday, October 4
All-Church Conference/
Ministry Fair/Potluck/Vespers

Sunday, October 11
Acolyte Training Noon

Wednesday, October 14
Love and Logic Parenting
Class begins 6:30 p.m.

Saturday, October 17
Women's Group to Duvall

Wednesday, October 21
Long-term Care Workshop
6:30-8:00 p.m.

Sunday, October 25
Family Fun Day Noon
Ad Council Stewardship
Dinner 6:00 p.m.

Tuesday, October 27
Community Blood Drive
(Cottage Lake Presbyterian)
1:00-7:00 p.m.

Wednesday, October 28
Wills/Living Trusts 6:30 p.m.



PASTOR'S MUMBLINGS

Dear Bearcreekians,

I feel a recovery, a great awakening of the Holy Spirit's initial movement in Bear Creek to grow a congregation both in numbers and in being followers of Jesus. That is the vision that first captured the imagination of United Methodists in this area. It is a vision creating a safe place of worship, study and service to grow in the love of God and of reaching out to folks who don't have such a faith family that they might know our joy and our joy might be complete in them.

The early Bear Creekians (some who are still around) wrote a mission statement in an attempt to give words to the vision of their souls. It is still our Mission Statement and reads "The mission of

Bear Creek is to create a diverse family place of belonging for all people and to reach out and make disciples of Christ."

This statement is on every Sunday bulletin (twice—see if you can find it). It is on our stationary, every Thursday e-mail, the Administrative Council agenda and minutes. Yet despite its prominence we, for a time, forgot. And for a time we didn't fully let those who have come later know how important this mission is to our life together.

There are four essential parts to the statement; 1) diversity, 2) belonging, 3) reaching out, and 4) disciples of Jesus. Our purpose is to create a safe place for belonging to God and each other while maintaining our diversity

and to not only be tolerant but to celebrate all the variety of flowers God has created. Cottage Lake needs us to reach out and invite others into our diverse family of belonging. All this we do under the tutelage of Jesus.

As we revive in our mission, I hope, I pray, I beg (I will bribe you if I have to) that you will be with your family from 9:30 a.m. worship through 3:00 p.m. vespers on October 4. This will be a Pentecost day for Bear Creek and we need every one of us present to fully know the Spirit and we reclaim our mission.

Shalom,
Dave O

Executive Committee is active in leading the church

At 7:30 a.m. on most Sundays, a group of church leaders meets in Pastor Dave's office. This group, known as the Executive Committee (EC), is charged with shepherding programs and activities of the church. Guided by the work of the Administrative Council, they act as a safety net, making sure important elements are in place and schedules coordinated for the work of Bear Creek UMC.

In the last few months, the EC has studied spiritual renewal as the next step in connecting the information gathered from listen-

ing sessions to the future of the church. The Ad Council set the general direction, and the EC worked out details for the renewal plan. The October 4 day of renewal is a result of this coordination.

Still curious about the work of the Executive Committee? Drop in to the pastor's study Sunday morning between 7:30 and 8:30. Meetings are open to all. Each begins with prayer sharing and includes reviewing BCUMC calendar events and projects.

Current members would be glad to chat about projects and ideas under discussion:

Pastor: David Orendorff

Lay Leaders: Jeannie Morris
Robert Stewart

Ad Council representatives:

Susan Jackson
Marge Kuykendall

Worship: Sara Lambert

Education: Tresje Seeley

Missions: Susan Leveridge

At-large for spiritual and cultural renewal: Jim Morris

African Team Ministries Craft Sale

November 1 and November 8
after worship

Handmade jewelry, instruments, scarves, carved animals and much, much more! Great Christmas gifts, and the money goes to a good cause.



Tuesdays 6:00 a.m.
Shari's Restaurant in Kirkland
All are welcome!

WORSHIP

Fruitful harvest—a time to reflect, relate and rekindle

Fall means new beginnings, studies, cool refreshing air, crisp apples, and greeting friends new and old. At Bear Creek UMC it's a time to reflect on where we've been, relate to each other in Christian fellowship, and rekindle our faith toward a deeper understanding of God's love in our lives.

Those crisp apples are a reminder of the Fruit of the Spirit that Paul talks about in Galatians 5: 22-25. The early church needed reminders, just as we do, about how to be Christ-like in all we do. To help illustrate this, we continue with a series of activities each Sunday featuring a different fruit, paired with a Fruit of the Spirit, to emphasize a different aspect of our lives together. The calendar features worship, study and service through a variety of experiences for you, your family, your friends and your neighbors.

Watch the trees in the lobby fill with our fruit; enjoy good food; bring donations of Bibles; find a class; join the choir; or have a midweek dinner with friends old and new.

Sunday, October 4

Oranges, with their many sections, help us understand faithfulness. Just as the sections are separate, yet form a whole, so do

we. The focus will be on Spiritual Renewal as we welcome our Seattle-Tacoma District Superintendent, Pat Simpson, for the day. She will preach during worship, lead our All-Church Conference as we hear program committee reports, and assist us in beginning the journey toward individual and congregational renewal.

An Old Fashioned Methodist Potluck will feed our bodies and our souls. Everyone brings a main dish, salad or dessert to share. No assignments—if we end up with 30 desserts, we'll put on an extra pot of coffee!

Sunday, October 11

Berries help us learn about peace with the many types and varieties available in the Northwest and elsewhere. This is Children's Sabbath, a day to celebrate the young ones who will participate in worship. The service is designed to be kid friendly and will focus on children around the world.

Sunday, October 18

Pears for gentleness will be featured as third graders receive Bibles during worship. Look around your home for underused Bibles to donate to others who need them. Please feel free to also

bring family Bibles, special translations, or older Bibles to display on the altar as a visual representation of God's gentle word for us.

Sunday, October 25

Bananas may not exhibit patience, but families certainly need this characteristic daily. Bananas represent the opportunity to step out of your skin in the family of faith.

Everyone is encouraged to come to church as a Bible character, event, or item. A grey suit can be the wall of Jericho; a red construction paper "C" on your shirt makes you the Red Sea; or...use your imagination! Sunday School classes will parade with costumes, and the church family can decorate cars for "trick or trunk" for Halloween. Be ready to hand out candy, pencils or prizes after worship!

Sunday, November 1

Plums are a reminder that God's generosity is given to us to share. This marks the transition from fall activities to the stewardship campaign which continues this month. Harvest themes begin in worship, as we look toward Advent and Christmas.

Sara Lambert
Worship Chair

Acolyte Training offered on October 11

All children and youth, third grade and above, are invited to be acolytes.

Acolytes are an important part of worship—they bring in the Light of Christ (candlelight), the Word of God (Bible), and the Bread of Life (Communion bread) at the beginning of the service. At the end of worship they represent the going forth of the Light of Christ into the world.

If you and your child are interested in learning more about this important ministry, please attend the training session at the time listed below or contact Ruthann Litchford (425.844. 9625). *At least one parent must attend. Bring your calendar so you can sign up for dates to serve.*

Mark your calendars for Sunday, October 11, at noon, following Sunday School.

Acolyte Celebration MAKE YOUR OWN SMOOTHIE

All acolytes are invited to a "Make Your Own Smoothie Party" to celebrate your service and to welcome the newbies on October 11. Please make every effort to allow your child to attend as your well-trained and experienced acolyte will be very helpful to the new trainees. We'll have smoothies and something healthy-ish since it's lunch time.)

MIDWEEK AT BEAR CREEK

"Godz Kidz" has arrived at Midweek

The midweek youth group, "Godz Kids," will be participating in a learning program called Godly Play.

The Heart of Godly Play is:

- ✚ Creating Sacred Space
- ✚ Building and working in community
- ✚ Learning religious language
- ✚ Using religious language to make meaning

A Godly Play session includes a time to:

- ✚ Get ready
- ✚ Tell a story using objects and artifacts
- ✚ Explore the story more with open questions and discussion

✚ Respond with free choice using a variety of materials—art...silence...play...writing...

✚ enjoy a simple "feast" and share joys and concerns

Godly Play is a rich experience that allows children of all ages to grow their knowledge of Biblical stories, develop empathy, and experience spiritual growth. And, since it is a multi-sensory approach to learning, it develops the needs of the whole child and provides depth and reflection in every session.

As of this writing, we have had two sessions. During the first session we discussed the church year/calendar. Even the very youngest of our participants now knows what Pentecost is and that

it is represented by red! They learned that there are three main days for Christians—Easter, Pentecost, and Christmas. So, watch out! Now that they know that Easter extends all the way to Pentecost, the kids just might ask for multiple celebrations!

When we were done discussing the story, everyone went to explore the Play-Doh, paper, scissors, glue, and play figures that were available for play time. While playing, they are encouraged to express themselves and what they have learned in whatever way comes natural.

Godly Play is being taught by the Stewart clan—Terri, Robert, Kennedy, and Caitlyn. They welcome kids of all ages to come! Creative supplies for the beginner to the advanced are available.

Midweek dinners off to a great start

Wednesday night dinners got off to a great start in September. Come join the fun! Bring yourself. Bring your family. Bring your friends and neighbors. Make new friends or visit with old ones while you enjoy a delicious meal prepared by volunteers—you don't have to bring a thing!

October menus are listed below. PB&J is always available. There is no charge for dinner;

however, a suggested donation of \$4 per person or \$10 for a family will be gratefully accepted.

Come for dinner only, if you like, but you're welcome to stick around and visit. Wednesdays are big nights for the church. Activities after dinner will include a Bible study led by Pastor Dave; a *Love and Logic* course for parents; and Dave Ramsey financial workshops. We have a great new pro-

gram for kids of all ages called Godz Kidz. These activities are open to the public and part of Bear Creek's commitment to serving the community. Childcare is available.

Contact Ellen McKee (425.822.0822) if you have questions or would like to volunteer to prepare a meal.



October 7

Barbecued meat balls
over brown rice
Green salad
French bread
Cookies and ice-cream

October 14

Creamy Chicken Enchiladas
Rice
"Dry Soup"
Colache (zucchini, corn tomatoes),
Cookies and ice cream

October 21

Taco Soup
Mixed green salad
Fruit
Cookies and ice cream

October 28

Halloween Surprise!

Becoming a Love and Logic Parent™

Presented by Cindy Horst, M.A., GrowGreatKids

WEDNESDAY EVENINGS October 14 - November 18 6:30-8:00 p.m.

This highly-acclaimed program is a philosophy of raising and teaching children which allows adults to be happier, empowered, and more skilled in their interactions with their children. Love allows children to grow through their mistakes. Logic allows children to live with the consequences of their choices.

Learn fun, loving, *lasting* techniques for...

- ending whining, begging, bickering, and backtalk without breaking a sweat.
- winning homework hassles and bedtime battles, and getting those chores done!

Parenting with Love and Logic teaches kids, in a *LOVING* way, to *think* and be *responsible*, thereby raising their self-esteem and ability to handle the real world and all that it throws at them.

Parents have said...

- *We were amazed at how our children responded to these techniques. Our entire family dynamics have changed.*
- *Best parenting class I've ever attended.*
- *Fabulous teacher. Great sense of humor.*

*Register by calling the church office at 425.788.2953. Space is limited.
www.bcumc.org*

This 6-week class is provided FREE to the community through special funding via Bear Creek UMC.

There is no fee to participate.

A workbook (\$10) is highly recommended and will be available at the class.



FREE



STEWARDSHIP MOMENT

One year bigger, one year stronger, next year's furrows that much longer."

These lines of verse were written by Robert Heinlein to describe the pioneer experience. They show the restless spirit of growth and betterment of living conditions. They also paint a very true picture of the values our ancestors embraced when they built this country. They constitute a legacy for our generations to embrace and exemplify.

It's that time of year again when we ask you to make your pledge of support for Bear Creek UMC for the coming year. Although it seems that these campaigns almost start before the last one ends, still we must make our plans for our church this coming

year. As a congregation we want to grow in our discipleship and the fruits of the spirit one step at a time. Your support in the past has resulted in the birth and the growth of the church at Bear Creek. Now we are asking you to take one more step.

We are at the very beginning of a time of self-examination, self-criticism, and a re-genesis of our entity as that portion of the body of Christ that meets at Bear Creek UMC. We are asking you to take the step of joining this process at the all-church retreat on October 4. The contribution of your time, intellect and opinions is vital to the process.

We also invite you to take the step of examining your financial commitment and, hopefully, to

take a step forward in generosity. Your financial support is the good earth in which those furrows can be plowed one year longer. Your support through your time and participation will determine in which direction those furrows should be plowed.

Your past support in all areas of stewardship has truly been inspirational and, yet, every year the need for your support grows. We hope to see you October 4, and we hope that you will find some way to take that step forward in your financial support.

As Rich Mullins wrote and we all sing in church: "Step by step you lead me, and I will follow you all of my life."

Andy Pierce
Stewardship Committee

Stewardship is not just raising funds;
It's raising Christians.

Stewardship is not just a matter of budgets;
It's a matter of faith.

In October, many churches conduct stewardship campaigns. Many church members associate the word stewardship only with pledge cards, budget discussions and a challenge to give more generously.

Actually, stewardship deals with managing everything God has given to us—our brain, body, talents, time and spiritual life. It's our total response to God's gifts.



Stewardship campaigns give us an opportunity to reappraise our lives as a whole. Are we glori-

fying God with our minds, bodies, talents, property, financial resources, etc.? Are we using our gifts to spread Christ's gospel? How are we showing our love to God and the church?

Taking inventory of our stewardship is a meaningful experience. Consider God's indescribable goodness toward you, as well as your response to God's showers of blessing. That will reveal the quality of your stewardship.

2009 FINANCE REPORT

Amount budgeted for 2009	\$329,368	
2009 Offerings <i>to date</i>	\$219,786	91.3%
2009 ahead/(behind)	(\$20,906)	-8.7%
Projected Y/E Shortfall	(\$33,999)	

Listen with the Ear of Your Heart

yearning to be one
with the voice that pulls deeply-
love's undercurrent

© 2009, Terri Stewart

MISSIONS

Hopelink holds annual Reaching Out Benefit Luncheon October 19

Keynote Speaker and Moderator: Lisa Ling, Investigative Reporter, Journalist and Special Correspondent

As our community continues to recover from the economic crisis of this past year, we bring together Lisa Ling and special guests to address the challenges of poverty, workable solutions for families struggling to get by, and inspiration to meet the extraordinary needs in what can only be called extraordinary times.

On Monday, October 19, from noon until 1:15 p.m. at the Hyatt Regency in Bellevue, Lisa Ling will speak to the issues of



poverty nationally and moderate a timely discussion about the impacts of poverty, homelessness, and hunger in our community.

Ms. Ling is known for her work as co-host of ABC's *The View*, host of *National Geographic Explorer* and reporter on *Channel One News*. In early 2010 she will begin hosting her newsmagazine series on the Oprah Winfrey Network: *Inside: Lisa Ling Investigates*.

For more information please contact Venetia Vango at rsvp@hope-link.org.

Save the Date



All-Church Conference/Ministry Fair/Luncheon	October 4	
Acolyte Training	October 11	Noon
Love and Logic Parenting	October 14	6:30 p.m.
Women's Group Outing to Duvall	October 17	10:00 a.m.
Long-Term Care Workshop	October 21	6:30 p.m.
Family Fun Day	October 25	Noon
Ad Council Stewardship Dinner	October 25	6:00 p.m.
Community Blood Drive (Cottage Lake Presbyterian)	October 27	1:00-7:00 p.m.
Wills and Living Trusts Workshop	October 28	6:30 p.m.
Amazing Grace Seminar	November 1	Noon
Retirement Planning Workshop	November 4	6:30 p.m.
Tax Planning Workshop	November 11	6:30 p.m.
Commitment Sunday/Celebration Luncheon	November 15	
Youth Lock-In	November 21	7:00 p.m.
Women's Group Speaker and Dessert	November 21	7:00 p.m.
Thanksgiving Service (Wooden Cross Lutheran)	November 22	7:00 p.m.
Advent Festival	December 6	5:00 p.m.
Unrehearsed Children's Pageant	December 24	6:00 p.m.
Communion Worship Service	December 24	11:00 p.m.

Bear Creek United Methodist Church
presents

Wills and Estates Series ***Planning for Your Loved Ones***

WEDNESDAY EVENINGS
October 21 - November 11
6:30 – 8:00 p.m.

These workshops are for you if you've ever:

- Said to your spouse: "We need to get a will made".
- Were concerned about the need for long-term medical or nursing care.
- Been confused about the difference between a Living Trust and a Will.
- Wondered about ways to give your children money while encouraging their own skills.

FREE!

October 21 **Wills/Living Trusts** November 4 **Tax planning**
October 28 **Long-Term Care** November 11 **Retirement Planning**

This workshop is provided to the community through special funding via
Bear Creek United Methodist Church.
There is no fee to participate.

Stories to Make You Smile

A Sunday school class was studying the Ten Commandments. They were ready to discuss the last one. The teacher asked if anyone could tell her what it was.

Susie raised her hand, stood tall, and quoted, "Thou shall not take the covers off Thy neighbor's wife."



A second grader came home from school and said to her mother, "Mom, guess what? We learned how to make babies today." The mother, more than a little surprised, tried to keep her cool.

"That's interesting," she said. "How do you make babies?"

"It's simple," replied the girl. "You just change the 'y' to 'i' and add 'es'."

Our five-year-old son, Mark, couldn't wait to tell his father about the movie we had watched on television, "20,000 Leagues under the Sea." The scenes with the submarine and the giant octopus had kept him wide-eyed.

In the middle of the telling, my husband interrupted Mark. "What caused the submarine to sink?"

With a look of incredulity, Mark replied, "Dad, it was the 20,000 leaks!"



When my grandson, Billy, and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects.

Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use, Grandpa. The mosquitoes are coming after us with flashlights."



A nursery school teacher was delivering a station wagon full of kids home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmation dog.

The children started discussing the dog's duties. "They use him to keep crowds back," said one youngster.

"No," said another, "he's just for good luck."

A third child brought the argument to a close. "they use the dogs," she said firmly, "to find the fire hydrant."

World Communion Sunday is October 4

It is almost time for World Communion Sunday, and we need your help!

Here's the bottom line. Donations to World Communion Sunday have dwindled. That means only some of the record number of applicants are receiving scholarships, and those scholarships are significantly smaller than in the past.

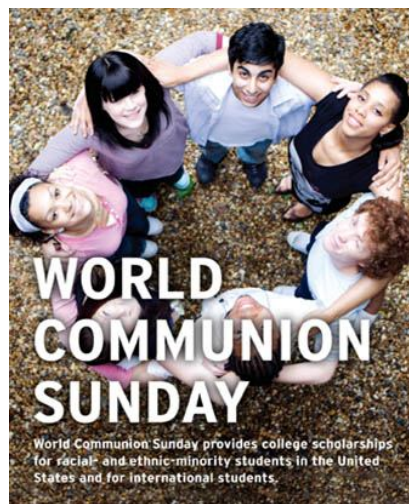
- The World Communion Scholarship office is getting more calls than ever from U.S. students saying the tough economy is making it harder for them to manage educational costs.
- Scholarships for international students are being hit hard. Many of these students come from economically stressed countries with few financial options.
- Last year, the World Communion Sunday offering was down, and a drop in giving is projected for this year as well.

You are encouraged to put a little extra in the offering plate. Fifty percent of the money received goes to the General Board of Global Ministries for World Communion Scholarships, with at least one-half of the annual amount used for ministries beyond the United States. In addition, the General Board of Higher Education and Ministry uses 35 percent of the money received for the Ethnic Scholarship Program. This award is for Native American, Asian, African American, Hispanic or Pacific Islander applicants pursuing their first undergraduate degree. The remaining 15 percent goes to the Ethnic In-Service Training Program for the recruitment, training and retention of ethnic United Methodists in leadership positions in the church.

To donate online, please go to promote World Communion Sunday, please go to www.umcgiving.org/WCS.

Now is the time to give. United Methodist students who have demonstrated leadership potential are losing education opportunities because of lack of funds. These students are the future of mission for The United Methodist Church.

Thank you!



Dear friends,

Thank you so much for your generous contribution to Homeward Pet. You have made a wonderful difference by helping us provide medical care, shelter and love to homeless animals until they are adopted by a devoted guardian.

Thank you!

The Staff and Volunteers of Homeward Pet



We could not help the dogs and cats without friends like you.

Donation \$161.93 8/8/09



Did you know that the Pastor Dave's sermons are now available via iTunes on www.bcumc.org? You can also read the printed version, get the latest calendar dates, youth info and lots more! Check it out today!

www.bcumc.org

CHRISTIAN EDUCATION

FALL FAMILY FUN DAY!

Who: Everyone's invited!
When: Sunday, October 25
 Noon until 2:00 p.m.
Why: Because it's fun!
What: We'll provide lunch, games,
 and an inflatable play structure.

We hope to see you there!
 Contact: Tresje Seeley at 425.788.7077

MAKE HALLOWEEN COUNT!

Trick-or-Treat for UNICEF

Your spare change can help reduce the number of preventable childhood deaths to zero.
 Just six cents can provide water for one thirsty child.
 \$45 can provide school supplies for 20 children.
 \$112 can provide blankets to 37 children facing emergency situations.
 \$200 can immunize 104 children against measles.
 Boxes are available in the narthex kiosk, from Sunday school teachers, the church office or Tresje Seeley at 425.788.7077 or tresje@comcast.net.

Pakistani headlines grab our attention

We wonder: What is actually going on and why? Has it always been this way? Is there hope, or is there a voice of reason present? Are we seeing the true face of Islam in action? Is there, or has there ever been, a Christian presence in Pakistan?

In a rare opportunity, Lake Washington United Methodist Church is hosting a free presentation and forum for dialogue with the former Pakistani Methodist Bishop, John Samuel, and his educator wife, Shirin. Listen to first-

hand accounts as they tell about the ways in which they shared their faith and educated the poor and powerless in the context of a Muslim majority population.

The stories of their experiences of living and working as Pakistani Christians may even inform your understanding of how Christianity is practiced in America. Bishop Samuel and Shirin invite you to bring your questions and the desire that we can all learn from one another.

"The Christian Presence as a Minority Community in the Islamic Republic of Pakistan"

Sunday, November 1, 6:30 p.m.

Lake Washington UMC
 7525-132nd Ave. N.E.
 Kirkland, WA 98034

425.885.3311
www.lwumc.com

A prayer for pumpkin people

After Liz Curtis Higgs wrote the popular children's book *The Pumpkin Patch Parable*, people began using her analogies to say a prayer while carving their Halloween pumpkins. The pumpkin prayer, a Christian alternative to Halloween traditions, reminds people of all ages what God has done for us. Use it when your family makes jack-o'-lanterns.

- While cutting off the top of the pumpkin, pray, "Lord, open my mind so I can learn new things about you." (See Proverbs 1:7)

While removing the seeds and pulp, pray, "Remove the things in my life that don't please you. Forgive the wrong things I do and help me forgive others. (See Matthew 6:14-15)

- While making eyes, pray, "Open my eyes to see the beauty you've made in the world around me." (See Psalm 104:24)
- While making the nose, pray, "I'm sorry for the times I've turned up my

nose at your many gifts." See James 1:17)

- While making the mouth, pray, "Let everything I say please you." (See Psalm 19:14)
- While lighting the candle, pray, "Lord, help me show your light to others through the things I do." See Matthew 5:16)

After carving your pumpkins, display them as samples of how God's love transforms us into new creations. (See 2 Corinthians 5:17)

"A Day in Duvall"
Saturday, October 17, 10:00 a.m.

10:00 a.m. Gather at McCormick Park on the Snoqualmie River for "Discipleship and Devotions"

10:45 a.m. Walk/hike the Snoqualmie River Trail
 (It is a beautiful walk along the river valley...no hills!)

OR

Walk up the hill one block to historic Duvall to the shops and cafes.

Enjoy your day in small groups or in large groups. The day is full of opportunities. Bring a lawn chair or blanket to sit on for our devotions at the park. Carpool from BCUMC meeting at 9:30 and leave by 9:45. Bring a friend!

POINTS OF INTEREST

- *Observe the beautiful new art from the Main St. Reconstruction Project (crosswalks, banners, street lamps, etc.)
- *Tressa's Bakery and Cafe
- *Duvall Family Drugstore (amazing gift shop and always something on sale)
- *Northwest Art Center (enroll in a future class of watercolor or pottery)
- *The Grange Cafe (where our own Kris Hoppe waits tables)
- *Bailey's Country Cupboard (Espresso and Ice Creamery)
- *Tuxedo's Antique Shop
- *Duvall Bookstore (A museum in itself—they don't even have a telephone!)
- *The Quilter's Garden Shop (calling all quilters and "wannabes")
- *The Laurel Tree Art Gallery (appreciation for fine art)
- *Bearzabout Inc. (Bears, Dolls, and more)
- *The Bee Hive (manicures and pedicures)
- *Duvall Coffee House (Rise and Shine!)
- *Duvall Grill and Taphouse
- *Armadillo Barbeque
- *Toshi's Teriyaki
- *Alyce's Restaurant
- *Ixtapa Mexican Restaurant (outdoor seating—it just might be a warm day?!)
- *Duvall Library
- *Duvall Fire Station (where our own John Lambert is the fire chief. We could ask for a tour!)

Directions to McCormick Park:

From Woodinville/Duvall Road (going East)
 Right on Main St.
 Right on NE Stephens St.
 Down 1 block, left
 Park at the Duvall Police Station
 Trail walk to McCormick Park to "gather by the river"

Any questions contact Connie Gagnon 206.849.1340 or Sonya Garrett 206.427.8040.

Bear Creek United Methodist Church

A family place
of belonging

16530 Avondale Road N.E.
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We're on the Web!
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ADDRESS SERVICE REQUESTED



The Bear Fax is published monthly and is offered electronically or by mail. To change the format in which you receive the newsletter, contact the church office or news@bcumc.org. The deadline for submitting articles is the 20th of each month.

On the Horizon



Sunday, November 1
African Team Ministries Craft Sale
after worship
Amazing Grace Seminar Noon

Wednesday, November 4
Retirement Planning Workshop
6:30-8:00 p.m.

Sunday, November 8
African Team Ministries Craft Sale
after worship

Wednesday, November 11
Tax Planning Workshop

Sunday, November 15
Commitment Sunday/
Celebration Luncheon

Saturday, November 21
Youth Lock-In 7:00 p.m.
Women's Group at Thorsons 7:00

Sunday, November 22
Thanksgiving Service 7:00 p.m.
(Wooden Cross Lutheran Church)

Sunday Worship
9:30 a.m.

Sunday School
11:00 a.m.

Sunday Vespers
8:00 p.m.
(first Sunday)

All are welcome!

Office hours
9:00-3:00
Monday-Thursday
Closed Fridays

The mission of Bear Creek United Methodist Church is to create a diverse family place of belonging for all people and to reach out and make disciples of Christ.